



PE and School Sport

Intent

At Winthorpe Primary School we aim to:

- Promote a love for PE, physical activity and staying **happy and healthy**.
- Encourage enthusiasm and enjoyment towards PE, sport and competition. In doing so we aim to increase participation in a wide range of physical activities and to develop **hardworking and ambitious** children who develop lifelong positive attitudes towards sport and exercise.
- Ensure that all pupils have access to a minimum of 2 hours curriculum time, high quality PE and sport each week, along with further opportunities to take part in out of school clubs and competitions.
- Enter and provide a range of Level 1, 2 and 3 sports competitions to ensure as many children as possible are able to enjoy competitive sport and apply the skills they have learnt.
- Ensure that children value participation but also foster a competitive desire to win and learn how to be **respectful and understanding** and how to lose gracefully.
- Maintain a high profile for physical activity in all aspects of school life.
- Provide opportunities for physical activity across the curriculum, making sure children are active for at least 30 minutes every day.
- Enable children to develop and explore physical skills with increasing control and co-ordination.
- Develop **confident and curious** children by providing children with opportunities to try a wide range of sports.
- Enable children to develop skills and show progression from discrete skills to increasingly larger game situations and specific sport tactics.

Implementation

- Our PE curriculum takes a skills-based approach that involves vigorous activity on a regular basis. Children are encouraged to develop leadership skills which are logged and monitored. Our curriculum offers a broad and balanced activity programme which is inclusive to all

Foundation Stage PE Coverage		
Term	Multi-skills / Fundamental skill focus (Games)	Lesson 2 (PE)
1	Multi-skills and Routines	
2	Running	Dance
3	Jumping	Gymnastics
4	Throwing	Dance
5	Sending and receiving using body	Gymnastics
6	Sending and receiving using equipment	Athletics

Year 1 and 2 PE Coverage		
Term	Multi-skills / Fundamental skill focus (Games)	Lesson 2 (PE)
1	Running	Dance
2	Jumping	Gymnastics
3	Throwing	Dance
4	Sending and receiving using body	Gymnastics
5	Sending and receiving using equipment	Athletics
6	Games of up to 5v5 that use the skills above	Athletics

Year 3 and 4 PE Coverage		
Term	Lesson 1 (Games)	Lesson 2 (PE)
1	Invasion Games	Swimming
2	e.g. Football, Netball, Basketball, Hockey, Rugby	Swimming
3	Net and Wall Games	Dance
4	e.g. Tennis, Volleyball, Badminton	Gymnastics
5	Striking and fielding	OAA
6	e.g. Rounders, Cricket, Softball, Baseball	Athletics

Year 5 and 6 PE Coverage				
	Cycle A		Cycle B	
Term	Lesson 1 (Games)	Lesson 2 (PE)	Lesson 1 (Games)	Lesson 2 (PE)
1	Netball	Swimming	Basketball	Swimming
2	Football	Swimming	Volleyball	Swimming
3	Hockey	Dance	Rugby	Dance
4	Golf	Gymnastics	Tennis	Gymnastics
5	Badminton	Athletics	OAA	Athletics
6	Rounders / Baseball	Athletics	Cricket	Athletics

- At the end of every topic children compete in an intra-school competition where they apply the skills they have learnt and can develop their leadership, officiating and coaching skills.
- Children are expected to maintain high standards of behaviour, practise safety codes and observe rules of good hygiene. The ideals associated with fair play and sportsmanship are encouraged at all times.
- All children complete a weekly mile and times are monitored to enable children to complete their own personal challenges.
- Our 'Happy and Healthy' prefects take on the responsibility of being excellent role models for sport and PE within school and give a pupil voice to the curriculum and extra-curricular opportunities available.
- Children are provided with a wide range of extra-curricular active clubs to participate in.
- We pride ourselves in being able to offer opportunities for all of KS1 and KS2 children to represent the school in a wide variety of inter-school events and competitions in a weekly 'Friday Festival' ran by Carre's Grammar School Outreach Programme.

Impact

- Children's participation in physical activity, including sports clubs and competitions is monitored throughout the year.
- Fitness profiling is also used to monitor children's fundamental skills and fitness and used to inform planning and interventions.
- Children are targeted for extra-curricular opportunities, further competitions or events.
- Leaders' logs are also used and monitored to encourage and develop children's leadership skills throughout the year.
- Teachers assess children's development in P.E. by making weekly and on-going observations and questioning in lessons. They record progress using Teacher Assessment grids against the National Curriculum levels of attainment. This is used to inform future planning.
- Pupil reports, comments and assessments are exchanged between teachers at the end of the year to aid smooth transition.
- Parents' Evenings and end of year reports provide opportunities to share child specific PE ability and progression with parents/carers.
- Information and achievements are shared in Gold Book assemblies, on our notice board and on newsletters which are shared with parents/carers.
- The P.E. subject leader takes responsibility for monitoring the curriculum coverage throughout the school as well as the teaching and learning taking place during P.E. lessons.
- Appropriate staff training is provided to ensure high quality PE lessons across school.
- Annual external validation from School Games Mark and YST Quality Mark.